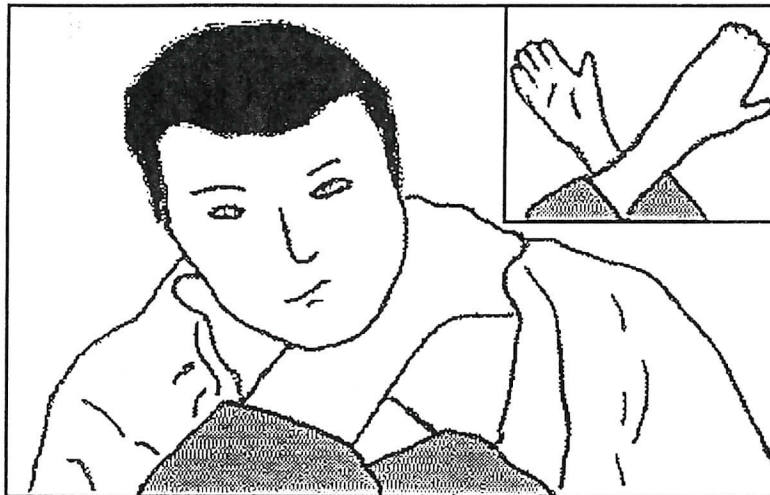
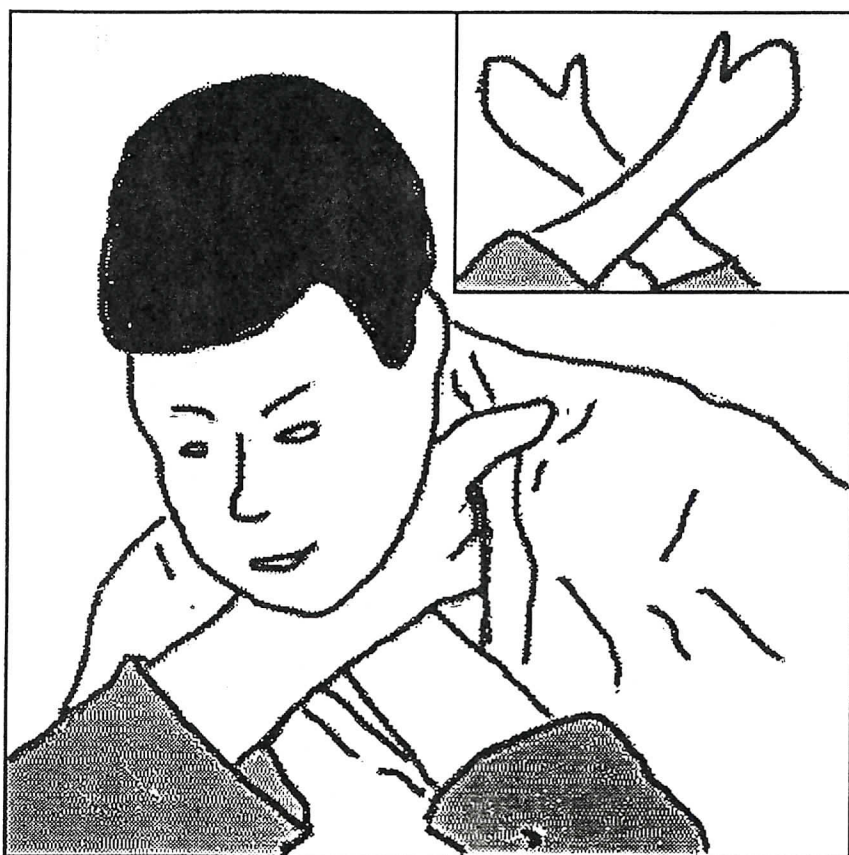


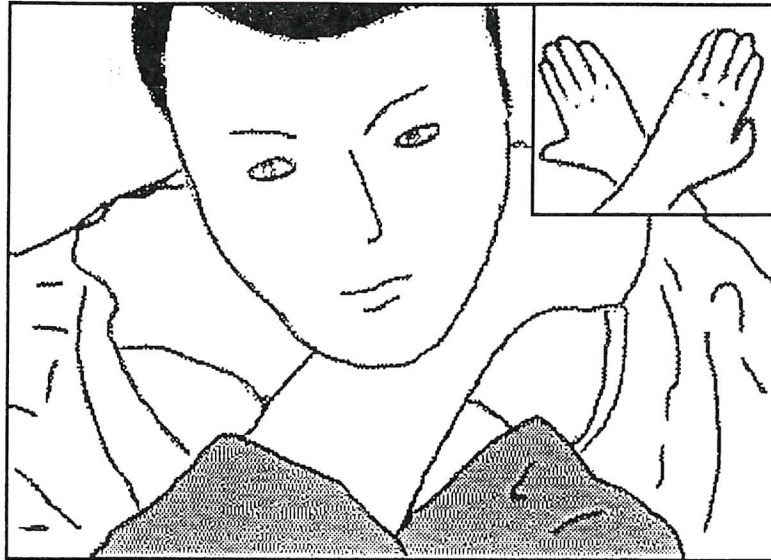
KATA-JUJI-JIME
(Half Cross Wringing)



GYAKU-JUJI-JIME
(Reverse Cross Wringing)



NAMI-JUJI-JIME
(Normal Cross Wringing)



KATA HA JIME
(Single Wing Wringing)



OKURI ERI JIME
(Sliding Lapel Wringing)

