## Anderson Much

## Sudo Chub

JUDO BUILDS:
Self Esteem
Respect
Confidence
Coordination
Discipline
Strength
Self Defense
Speed

Coaches:

-JOHN BRANSON

-Godan (5th degree Black Belt)

-DAWN BRANSON

-Nidan (2nd degree Black Belt)

-AMBER HAMLYN

-Nidan (2nd degree Black Belt)

-CAREY MOUNTCASTLE

-Shodan (1st degree Black Belt)

-TYLER BINNION

-Shodan (1st degree Black Belt)

-MARIO CAMACHO

-Shodan (1st degree Black Belt)

No matter what your goal:
physical fitness, recreation or to
become a champion, the
Anderson YMCA Judo Club is the
place for you!



Class Times:

Monday and Wednesday

-Young Kids 5:15pm-6:00pm

-Juniors 6:00pm-7:00pm

 $-Seniors \ 7:00pm-8:00pm$ 

The Anderson YMCA Judo Club is located at

28 W. 12th Street, Anderson, IN

Come and try the First Lesson FREE! andersonymcajudo.datapitstop.com

For more information contact John Branson at (765) 621-3416